



Membership Application 2023/2024 Season

Newcastle Rowing Club Inc. PO Box 148 Carrington 2294

Website: www.newcasterowclub.org.au

Email: newcasterowclub@gmail.com

THIS FORM IS FOR NEW MEMBERS ONLY - EXISTING MEMBERS MUST RENEW ONLINE.

PLEASE COMPLETE THE FORM AND RETURN WITH PAYMENT BY POST OR EMAIL

RNSW Reg. No. _____	NRC Membership Category (Full year, see over)
First Name _____	<input type="checkbox"/> Senior Member _____ \$ 445
Family Name _____	<input type="checkbox"/> Senior Student (FULL-TIME) _____ \$ 255
Ph M _____ H _____	<input type="checkbox"/> Junior Member (UNDER 18) _____ \$ 255 <small>(Newcastle Rowing Club is a registered ACTIVE KIDS provider)</small>
Street _____	<input type="checkbox"/> Social Member _____ \$ 35
Suburb _____ P/code _____	<input type="checkbox"/> Boat Rack Fee (PRIVATE BOAT OWNERS) _____ \$ 155
Email _____	<input type="checkbox"/> Oar Rack Fee (PRIVATE OWNERS) _____ \$ 35
Date of Birth ____/____/____	Total Fee Payable _____ \$ _____
Emergency Contact (Name & Contact Details) _____	

MEDICAL CONDITIONS:

1. Has your doctor ever told you that you have a heart condition or have you ever suffered a stroke? Y N
2. Do you ever experience unexplained pains in your chest at rest or during physical activity/exercise? Y N
3. Do you ever feel faint or have spells of dizziness during physical activity/exercise that causes you to lose balance? Y N
4. Have you had an asthma attack requiring immediate medical attention at any time over the last 12 months? Y N
5. If you have diabetes (type I or type II) have you had trouble controlling your blood glucose in the last 3 months? Y N
6. Do you have any diagnosed muscle, bone or joint problems that you have been told could be made worse by participating in physical activity/exercise? Y N
7. Do you have any other medical conditions that may make it dangerous to participate in physical activity/exercise? Y N

Doctors Consent: If you have said Yes to any of the 7 questions above please, seek guidance from your GP or appropriate allied health professional prior to undertaking physical activity/exercise.

DECLARATIONS:

Newcastle Rowing Club

I accept responsibility for my safety and possessions and declare that I am able to swim 100 metres in rowing clothes I agree to abide by the constitution and policies of the Newcastle Rowing Club Inc.

I understand that as a Member of Newcastle Rowing Club Inc., I will be expected to contribute to the operation and activities of the club.

I give consent for my photo or video to be used for NRC promotional reasons (e.g. website, Facebook).

Rowing NSW

I declare that the above information is true and agree to abide by all relevant Rowing New South Wales [Policies and Rules](#), including anti-doping policies, and acknowledge the Rowing NSW [Risk Warning](#) in accordance with the Civil Liability Act 2002 (NSW).

Signature _____ Date ____/____/____ Parent Signature _____

(IF SIGNING FOR A JUNIOR)

Nominated by _____ Date ____/____/____ Accepted ____/____/____

PAYMENT DETAILS:

Amount Due \$ _____ Date Paid ____/____/____

Payment Type Credit Card Direct Deposit*

Credit Payment Details:

Visa Mastercard Card Number _____ Expiry ____/____

Cardholder's Name _____ Signature _____

*Direct Deposit Payment Details:

Bank: NAB Account Name: Newcastle Rowing Club General Account BSB: 082-748 Account No: 859376035

Please include your first initial followed by your surname in the identifier field and notify your payment by email to: newcasterowclub@gmail.com

Information for Members 2023/2024

(Club Year 01/07/2023 to 30/06/2024)



1. Membership Fees

The Club's financial/membership year runs from July to June. Membership fees for 2023/2024 are:-

Note: for school age members, Newcastle Rowing Club is a registered ACTIVE KIDS provider.

Membership Category	Annual Membership	Join after 1/11/23	Join after 1/3/24
Senior	\$445	\$300	\$165
Student FT / Junior	\$255	\$175	\$95
Social Non-Rowing	\$35	\$35	\$35
Rack Fee Private Boat	\$155 per seat	\$155 per seat	\$155 per seat
Rack Fee Private Oars	\$35	\$35	\$35

2. Policy Documents

The Club has the following policy and other documents which all members are entitled to view:

- Constitution
- Annual Statement of Accounts
- Risk Management Plan

Contact your President or a committee member to access to these documents.

3. Meetings

The Annual General Meeting of the Club is held after 30th June and all active members are entitled to attend and vote.

The Committee (elected at the Annual General Meeting) meets on the first Tuesday of each month and all members are welcome to attend and contribute.

4. It's Your Club

All Club Committee members are volunteers who receive no financial gain and the Club has no paid employees. Maintenance of the grounds, boatshed, the boats and equipment are the responsibility of members.

Only fully financial senior, student and junior members are permitted to use the club's equipment.

5. Insurance

The Club maintains the following insurance policies:

- **Public Liability** – is through Rowing NSW, this insurance is to protect the Club against claims made for personal injury or property damage suffered by **third parties** due to negligence of the Club or its members or officials
- **Boats** – The club boats are insured against damage both on and off the water. Members who own private boats may either organise their boat insurance through the Club Policy or arrange their own insurance.

6. Security

It is important the security of the boatshed and other equipment is maintained. The boatshed must not be left open if unattended.

7. Safety

The Club has safety rules. **Every member is required to undertake the safety rule test annually.** It is every member's responsibility to be aware of the safety rules for your own safety and the safety of others. Copies of the safety rules are readily available in the shed

8. Risk Management

The committee has developed a Risk Management Plan to identify and control risks associated with club activities. This plan is subject to review and amendments as required. The input of members is welcomed in relation to maintaining a safe rowing environment.

9. Rowing NSW Membership

Recreational rowers are encouraged to become recreational or supporting members of Rowing NSW. Refer RNSW website www.rowingnsw.asn.au

NRC has reviewed its insurances (together with legal advice) and now requires all NRC members to become members of Rowing NSW to ensure coverage. All members are requested to join RNSW (see categories below) before paying their NRC fees.

Newcastle is considered regional (not metro) so ensure you select the correct category.

RNSW Categories are:

- Regional Competitor, - \$101
- Regional Junior (U18) - \$64
- Recreational members – social rowers (non-competitive) - \$29
- Non-rowing members – e.g. BRO, admin only or coaching only - Free

If you decide to start racing, you can upgrade your membership from 'recreational' to 'competitor' anytime.

Join or Renew RNSW at: <http://www.rowingnsw.asn.au/go-rowing/membership/>

Once you have joined RNSW, please proceed to pay your NRC fees.

Note: Nothing changes for competitors except your RNSW needs to be renewed before you pay NRC fees.

For those that do not compete, we ask that you join RNSW as a recreational member to ensure you are substantially covered by insurance. People doing rookie courses, learn to row or visitors are not required to join RNSW unless they become full NRC members.